

## LANGARA COLLEGE ASSOCIATION OF RETIREES (LCAR)

### MEETING MINUTES

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Thursday, February 17, 2022  
Via Zoom, 1:00 – 2:00 pm

#### **Attendees:**

Gail Bremer - Chair	Martin Gerson	Shannon Eeckhout (minutes)
Dave Lidstone	Diane Bradley	Moira Gookstetter - regrets
Roy Sinn	Bruce Kennedy	Ken Jillings - regrets
Brian McGibney	Susan Weber	Heidy Rahnumah

1. Any additions to the agenda

Add: Update on COSCO newsletter

2. The agenda was approved with addition listed above

3. The minutes from the January 13, 2022 meeting were approved as circulated.

A finalized copy will be circulated.

#### **4. Announcements – Gail**

- 4.1 CURAC membership has been paid for another year.

- 4.2 Diane has circulated the CPPR newsletter “Prime Time” and an invitation to attend a *webinar on long term care sponsored by NPF (National Pensioners Federation) and COSCO.*

- 4.3 Moira Gookstetter will be leaving her position with the Foundation on February 23rd to return to her private consulting position. Gail sent a thank you on behalf of LCAR.

- 4.4 LCAR Lounge event is still on hold until after the February 16<sup>th</sup> provincial health update.

- Provincial health update included information that removed the capacity limits as of Thursday. Gail wrote to Cynthia to ask about an event in March or April.
- Dave asked about whether the lounge format is what we want to go with? If yes, when.
- If no, do we want to go back to the Gala format. If so, then we would look at Studio 58 for late April.
- Diane added that because we’ve been apart for so long, the social event was popular
- Susan added that some of her friends are wary of large events, smaller might be better in the short term
- Brian would prefer using the employee lounge for acoustics.
- Dave reminded Brian that the lounge had been removed as a bookable room.
- Heidy confirmed that the lounge is not bookable currently, even with looser restrictions. The Library space and T-Gallery would be our options.
- Heidy will check with Facilities about the lounge for between terms.
- Preference would be T-Gallery, looking at April 28
- Dave to review his previous correspondence on the topic and will request the room for April 28
- Would like a spoken word session in the middle and would like to add some new presenters; Brian suggests Glenn Isaak. Eric Ball will be asked. Julie from previous Gala.

- Martin will try to find contact information for Julie.
- Bruce will be talking to Studio 58 colleagues about a list of contacts. Brian Tate?
- Dave also recalled a gala act on elocution – Ian Rafael (who retired to Salt Spring)
- Cottage Bistro (the Flame) presenters

#### **4.5 COSCO Newsletter**

- Gail acknowledged delay in circulating the newsletter; will start sending the January and February editions as soon as possible
- Susan suggested that one email with links of importance go out to this group highlighting key items

#### **Business**

##### **6. Senior wellness workshops – Roy**

- Event management system – thank you to those who have donated
- Feb 24 workshop Memory & Aging: 16 registrations, 17 seats total; will send a reminder to those who have registered with handouts
- Next: Heathy Eating March 9, looking to do on campus, usually 10 or so attend in person
- If we can't do in person, can be hosted on-line

##### **7. Newsletter - Gail**

- Gail thanked everyone for the feedback and helpful editing suggestions, they were incorporated. The content has been updated to include the announcement of the new (starting in June) President and CEO Dr. Paula Burns, info for SOS, and the eulogy for Dave Mitton has been added. Dave Mitton's eulogy was condensed from 5 pages; this summarized version has been approved by many of the contributors. A link to our website for the full eulogy is included in the newsletter.
- Selection of name: "And by the way retirees" OR "LCAR affairs" After the vote, the name will be "And By The Way, Retirees."
- How to do the reveal on Feb. 23rd? Dave suggests going live on 'Twosday' Tuesday, 02 22 2022 – Agreed

Next edition of the newsletter ideas

- Gail Sparrow birthday celebration in March; donations for Indigenous scholarship
- Bruce will prepare a contribution for next issue
- Advertise on campus events to retirees
- Susan suggests highlighting the newsletter at the April event
- Heidy will also let Gail know about on campus events that are being rescheduled for April and May and into the fall
- Convocation in person in June if anyone would like to volunteer, the contact info is in the newsletter

##### **8. Next Meeting**

Thursday, March 24, 1:00 at Langara Golf Course (location to be confirmed), followed for social time with others. Gail will ask Ken to make the request with the Golf Course.

Adjournment at 2:00 pm.