

**LANGARA COLLEGE ASSOCIATION OF RETIREES (LCAR)
MEETING MINUTES**

Thursday October 9th, 2025

1:00pm – 2:00pm, via Zoom

Attendees:

Patricia Cia

Martin Gerson (Regrets)

Dave Lidstone

Roy Sinn

Alan Cooper

Brian McGibney

Bruce Kennedy

Kevin Craib

Gerda Krause

1. Any additions to the agenda

- No additions.

2. Approval of the agenda

- Approved.

3. Approval of the minutes from September 16th, 2025.

- Approved.

4. Business

4.1. Finances – Martin

- There has been no financial activity in the bank account since the last meeting.

Bursary Update - Patricia

- There is nothing new to report for the bursary fund.
- The last update showed \$11,560 in the retiree fund and \$1600 remaining in bursary fund after this year's disbursement.

4.2. Call for Nominations

- Terms for Alan, Bruce, Dave, Gerda, Martin, and Roy end in 2025. They are willing to step up for another term.
- Roy will follow up with Carol Christjohn, who expressed interest in being nominated.
- The roles within the LCAR Board are typically determined after the AGM.
- Role of Chair expires in 2025, the role of Treasurer and Vice-Chair in 2026.

4.3. LCAR Fundraising Social, Mini-Gala, and AGM - Dave, Kevin, Patricia

- Logistics are coming together.
- Dave submitted floor plan to Langara Events and thanked Roy for his attention to the bulletin and the registration form.
- Caitlin is working with Alice to see if Paula Burns is available to speak. If not, she will delegate someone.

- Invitations to attend were sent to Executive Leadership Team and to Foundation. Response has been positive although not everyone may be available.
- Caitlin and Patricia will connect regarding catering for the event.
- The initial announcement went out to 189 people on the Forum. 75% of have opened it.
- Five people have registered so far.

4.4. Gala proposal from Studio 58 - Dave

- Studio 58's participation in the latest Grand Gala was well received.
- Dave circulated the *Proposed Changes to the LCAR Gala – April 20, 2026*.
- In discussions, Studio 58 suggested including a variety of program elements to broaden the experience for Studio 58 students.

Motion:

LCAR welcomes Studio 58's proposed changes to the LCAR Grand Gala in 2026.

- Studio 58 will lead marketing and ticketing, provide person to open box office, and provide bar and concession services. The Artistic Director would work with LCAR lead to assign MC and curate acts which would include additional opportunities for Studio 58 students and Langara employees' talent. The Production Manager and Technical Director will provide the same level of technical and production support as offered in 2025.
- LCAR would have input and say in advertising material, but CMM will do final edits. Besides helping curate acts, LCAR will provide a volunteer to scan tickets at door and a stage manager to call the show.
- All revenue generated at gala events produced by Studio 58 will be donated to Studio 58 affiliated scholarships. Costs incurred by Studio 58 will be deducted from raised amount. Studio 58 will cover the cost of OT of staff members to prepare and run the event.
- After the Grand Gala 2026, LCAR and Studio 58 will determine if the process and roles work for future Grand Galas.

Motion seconded and passed.

4.5. Year in Review

- In preparation for AGM Patricia will summarize LCAR highlights and achievements from the past year. She will circulate a draft via email and ask for input from Board.

5.3. LCAR Website and Forum – Roy, Alan

- Roy sent out a “Bulletins” to the LCAR forum to promote the Fundraising social event on November 6th, call for nominations to LCAR Board, and to announce a CURAC event.

Senior Health and Wellness Institute.

- LCAR Board provided permission promote the event "Stay on the Road" workshop for seniors turning 80 or 85, in conjunction with ICBC.
- There is a possibility of doing another survey to gauge interest in workshops from the seniors *Health and Wellness Institute*, potentially focusing on topics like personal planning, wills, and representative agreements in the new year.

5.4. Newsletter team update– Dave, Martin, Patricia

- The next edition (V4, N1, Summer 2025) of the newsletter should be out next week.
- Roy welcomes advertisements for upcoming events in the newsletter

5.5. Liaison with College Pension Plan Retirees (CPPR) update – Alan

- The CPPR had an Executive Zoom meeting last Wednesday.
- Their annual general meeting will be on November 5th. It's an all-day meeting with lunch and a meeting of public sector retiree groups following the main part of the meeting. The full agenda and reports will be available after October 22nd. It is possible to attend in person or via Zoom.
- The CPPR communicates with other public sector retiree groups.

Benefits Discussion

- Retirees have asked about comparing Green Shield and other benefit packages with the Retired Teachers Association of Ontario.
- Roy will lead a working group to discuss setting up a workshop with collect information such as benefit comparisons. CPPR and some of the other affiliates have some resources.
- The group plan to meet in November/December via Zoom, aiming for a workshop in January.

5.6. Liaison with COSCO update – Kevin

- Meetings were held on September 12th, after not taking place in July and August. A guest speaker discussed an adult day program at South Vancouver Neighborhood House. The program offers training to caregivers for strength-based, culturally appropriate scheduled programming, including transportation, meals, and respite.

COSCO 75th Anniversary Conference

- The event was held at the Vancouver Airport Hotel in Richmond. Due to late registration, Kevin attended virtually via live video stream and has access to other recorded sessions.
- Susie Chant, MLA and Parliamentary Secretary for Senior Services and Long-Term Care, opened the conference. The morning focused on *Ageism and Human Rights*.

- Dan Levitt, BC Seniors Advocate, highlighted that **400,000 people in BC will be 65+ within the next decade.**
- COSCO will be creating a summary of the conference as well as recommendations coming out of their discussions.
- Langara typically needs to pre-approve conference fees over a hundred dollars.

5.7. Liaison with CURAC update – Dave

- The 2026 CURAC Conference will be held in British Columbia. The SFU Retirees Association is the lead for the conference. A program committee has been formed, and Dave has agreed to join.
- The conference theme is *Making Connections*.
- Day 1 will feature presentations aligned with this theme, along with a curated list of topics for attendees to explore.
- Day 2 will take a more holistic approach, with panelists discussing current issues including possibly one of Newsletter editors.

Speaker Suggestions Welcome

- Send the names of any potential dynamic and interesting speakers to Dave who will pass them on to the committee.
- Gerda mentioned Martha Piper's book *Nerve: Lessons on Leadership from Two Women Who Went First*, which a chapter on building connections after retirement.
- Kevin noted that he enjoyed some of the speakers at the COSCO conference and will forward the names.

Next Meeting: November 13th, 2025, at 1:00pm via Zoom.